



Nasal Swab Collection Instructions

1

Complete the Survey

- Please complete the included form and put it in the box before you mail it back

What do I need from this kit to collect the swab?

- Nasal swab
- The small vial with liquid
- The large tube with absorbent material
- Form (survey)

WATCH THE VIDEO! www.windstudy.org/swab

In addition to the instructions below, you can also see a video instruction of this procedure on the web. You can always call us toll free at 855-815-WIND (9463) if you have any questions.

2

Get Ready

- Situate yourself and your child in an area with good lighting and have all necessary materials available
- Avoid blowing your child's nose before taking nasal swab
- Complete the label (write date & time of swab collection)
- Wash your hands before taking swab

3

Collect the Nasal Swab

- Tilt child's head back gently, with one hand to steady chin
- With the other hand, insert the end of a new swab into the front part of one of the nostrils
- Rub swab gently against the inner wall of the nostril, while getting a good sample of mucus if your child has a runny nose at the time
- Remove the swab from the nostril, and using the same swab collect a swab from the other nostril
- Remove the cap from the small vial with liquid
- Insert the swab in the small vial and break off the end at the molded break point
- Screw on the cap tightly and tape with provided tape
- Remove the cap from the large transport tube with the absorbent material
- Pull up and separate the two ends of the absorbent material
- Insert the sealed specimen vial UPRIGHT into the plastic container inside the absorbent material folds
- Use your finger to gently push the vial fully into the container cavity
- Tuck in any excess absorbent material, keeping the ends within easy reach
- Screw the cap on tightly

4

Mail it Back

- Place large transport tube back in the outer cardboard box
- Fold completed SWAB survey and slip inside the box
- Fold the flaps over to cover the containers, close the lid and insert the tab
- It is NOT necessary to tape the box
- Wash your hands thoroughly using soap and warm water
- Place the pre-addressed, pre-paid mailing box in a mailing post box as soon as possible. The box can be shipped through the U.S. Postal Service (U.S. Mail)